Lafayette Reservoir Run

Sunday ~ October 25, 2009 ~ Staggered Starts

5k Certified Race (8:30am) ~ 10k Certified Run (8:45am) ~ 2mi Run for Fun (9:00am)

Flat, "Chip" Timed Course, Runners ONLY
NO Dogs or Baby Strollers

Hilly "Chip" Timed Course Around the Res.
Dogs on Leash & Baby Strollers OK

No Timing – Fun Run ONLY
Dogs on Leash & Baby Strollers OK

Divisions/Awards

5K and 10K ONLY

Under 8, 8-10, 11-13, 14-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 +
TOP 2 FINISHERS Male & Female

Long Sleeve T-Shirts

Guaranteed for pre-registered runners if picked up at Chamber **or** before race starts.

Day of Race Registrants:
Limited Supplies
First Come - First Served
Claim before the event begins!

YOU MUST PRESENT YOUR BIB TO CLAIM YOUR SHIRT!

DAY OF RACE REGISTRATION FEES:
11 & under: $25 ~ 12 & over: $33
Desk will open at 6:30am

Registration

ON-LINE: www.active.com

OR

- IN PERSON: Pre-Registration

Lafayette Chamber of Commerce
100 Lafayette Circle, # 103

Lafayette Health Club
85 Lafayette Circle

Oakwood Athletic Club
4000 Mt. Diablo Blvd.

- BY MAIL:

Lafayette Chamber of Commerce
100 Lafayette circle, # 103
Lafayette, CA. 94549

- DOWNLOAD FORM:
www.lafayettechamber.org

Fax to: 925-284-3109 (w/credit card #)

SPORTS BASEMENT

Presents
The Elite Mile
(invited certified runners only)
8:00am

Additional Sponsors

Allegro Copy + Print

Contra Costa Times

Forward Motion Sports

Minuteman Press of Lafayette

Entry Fee: (On or Before 10/24) Age 11 & under $20.00 ____Age 12 & over $28.00 _____ FEE ON RACE DAY: $25/$33

Registration: Make check payable to Lafayette Chamber of Commerce. Complete form, **sign waiver**, **enclose check & Self Addressed Stamped Envelope for bib return** and mail to: **Lafayette Chamber of Commerce, 100 Lafayette Circle, #103, Lafayette, CA. 94549.** ONE NAME PER ENTRY FORM! *No bibs will be mailed without a self addressed stamped envelope.*

Visa or Mastercard ONLY #: _____ **Exp. Date:** _____

Signature: _____ **Total Charged: $**_____

FOR OFFICIAL USE ONLY

SEX M F **AGE** ☐☐ **PHONE** ☐☐☐ ☐☐☐ ☐☐☐☐

LAST NAME ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ **FIRST** ☐☐☐☐☐☐☐☐☐☐☐☐

ADDRESS ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

CITY ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ **STATE** ☐☐ **ZIP** ☐☐☐☐☐

☐ **10K-** **Hilly, "Chip" Timed, Dogs and/or Strollers OK**
Medals given in this race.

☐ **5K-** **Flat, "Chip" Timed, NO Dogs or Strollers**
Medals given in this race.

☐ **2 Mile-** **Fun Run ONLY…Not Timed, Dogs/Strollers OK**
No Medals Given for 2mi. ONLY Ribbons for Kids

Pick a school:
The Chamber will donate an extra 10% of each entry fee to your choice of school listed below

Burton Valley Elem._____ Happy Valley Elem._____ Lafayette Elem._____
Springhill Elem._____ Stanley Middle School_____ Acalanes High School_____

Any other Lafayette School:_____

WAIVER: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself and my heirs, executors, administrators waive and release any and all rights and claims or damages I may accrue against the Lafayette Reservoir Run, and all sponsors, contributors, volunteers, any and all persons connected with this running event or representatives, successors and assigns, for any injuries to me or my property while traveling to or from or arising out of or in connection with my participation in the 2009 Lafayette Reservoir Run. I further attest that I am physically fit and sufficiently trained for this competition, my physical condition verified by a licensed M.D. during the last 6 months. As part of the waiver I acknowledge that I have read and understand all of the above.

Date:_____ **X**_____

ALL FEES ARE NON-REFUNDABLE **ALL ENTRANTS MUST SIGN WAIVER.** (Parent or Guardian if under 18)